

**A Gymnastic Riding System Using Mind, Body, & Spirit:
Progressive Training For Rider And Horse**

By Betsy Steiner

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Klaus Balkenhol is the author of A Gymnastic Riding System Using Mind, Body, & Spirit (4.25 avg rating, 12 ratings, 2 reviews, published 2003)

http://www.goodreads.com/author/show/3943302.Klaus_Balkenhol

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This book maps out a impressive approach to riding, using the classical training pyramid as a base for the authors mind, body and spirit system of training. Vis

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