

**Dr Atkins' Diet Revolution The High Calorie Way To Stay
Thin Forever**

By ROBERT ATKINS

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Atkins diet, also known as Atkins nutritional approach, is a low-carbohydrate diet promoted by Robert Atkins from a research paper he read in The Journal of the
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<http://www.fatfastrecipes.com/dr-atkins-new-diet-revolution/>

Atkins, Dr. Robert C. Dr. Atkins' Diet Revolution: The High Calorie Way to Stay Thin Forever. New York: Bantam Books. 1989. Atkins,

<http://www.altmd.com/Articles/Atkins-Diet--Encyclopedia-of-Alternative-Medicine>

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Robert C. Atkins, MD, is the founder and medical chairman of The Atkins Center for Complementary Medicine, in New York City. A 1951 graduate of the University of

<http://www.webmd.com/robert-c-atkins>

Read the Atkins Diet review and find out about the foods allowed on this diet plan and whether it s effective.

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Dr. Atkins' original best seller, Diet Revolution, showed millions how to lose weight quickly, easily and without going hungry. Now Dr. Atkins' New Diet Revolution

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Robert Atkins' first book in 1972, Dr. Atkins' Diet Revolution: The High Calorie Way to Stay Thin Forever, Dr. Atkins' New Diet Revolution,

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1214573/>

Robert Coleman Atkins (October 17, 1930 April 17, 2003) was an American physician and cardiologist, best known for the "Atkins Nutritional Approach", or "Atkins

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His name was Dr Robert Atkins, author of the Atkins new diet revolution. To some Dr Atkins was a And the Atkins dieter did lose some more calories this way,
<http://www.bbc.co.uk/science/horizon/2004/atkinstrans.shtml>

Robert Atkins, M.D. has been acclaimed around the world as an authority on diet and nutrition, and is the founder and director of the Atkins Center for Complementary
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