

**Tennis Fitness For The Love Of It: A Mindful Approach To
Fitness For Injury-free Tennis**

By Suzanna McGee

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http://www.veganhealthandfitnessmag.com/fitness-professionals/wpbdp_category/personal-trainer/page/2/

Suzanna McGee is a former Ms. Natural Olympia drug-free bodybuilding champion, now competitive tennis player and an expert athletic trainer, certified by the National

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