

**The Natural Prozac Program: How To Use St. John's Wort,
The Anti-Depressant Herb**

By Jonathan G. Zuess

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10 Natural Depression He's a psychiatrist and director of the Depression Research and Clinic Program at UCLA. Depression Myths & Facts About Antidepressants.

<http://www.webmd.com/depression/features/natural-treatments>

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http://www.academia.edu/5935931/For_my_wellness_not_just_my_illness_North_Americans_use_of_dietary_supplements

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<http://goodreviewer.com/2015/07/03/st-johns-wort/>

The Natural Prozac. Yoga Journal Yoga and Health. By Amy Weintraub an internist who trained with Andrew Weil in the Integrative Medicine Program at the University
<http://www.yogajournal.com/article/health/the-natural-prozac/>

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<http://www.abebooks.co.uk/book-search/author/zuess-jonathan/sortby/3/>

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<http://www.healthyplace.com/depression/depression-treatment/natural-antidepressants-an-alternative-to-antidepressants/>

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<http://www.althealth.co.uk/help-and-advice/miscellaneous/depression4/>

activity in isolated rat brain homogenates was felt to account for anti-depressant Zuess J. The natural prozac program the use of St. John s Wort in
http://www.academia.edu/543559/St._Johns_wort

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<http://www.yourhealthbydesign.com/natural-prozac-program/>

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<https://www.scribd.com/doc/171708572/SJW>

(author of The Natural Prozac Program), agrees to your use of St. John's Wort, wort is NOT a popular OR a widely used anti-depressant in the medical
<https://barbadosunderground.wordpress.com/2010/07/08/points-to-ponder-david-thompson/>

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