

**The Whole-Food Guide For Breast Cancer Survivors: A  
Nutritional Approach To Preventing Recurrence (The New  
Harbinger Whole-Body Healing Series)**

**By Edward Bauman MEd PhD; Helayne Waldman MS  
EdD**

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<http://www.greenmedinfo.com/blog/if-youre-concerned-about-breast-cancerwhat-you-must-know>

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<http://www.wholefoodguideforbreastcancer.com/whole-food-guide-blog/>

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<http://www4.fnac.com/a4701410/The-New-Harbinger-Whole-Body-Healing-Series-A-Nutritional-Approach-to-Preventing-Recurrence-The-Whole-Food-Guide-for-Breast-Cancer-Survivors-Donald-I-Abrams-MD>

Helayne Waldman discusses whole foods Joanna Poppink talks about body awareness and eating disorder Helayne Waldman discusses whole foods and cancer.

[http://issuu.com/somaticpsychotherapytoday/docs/volume\\_4\\_number\\_2\\_fall\\_2014](http://issuu.com/somaticpsychotherapytoday/docs/volume_4_number_2_fall_2014)

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